

# THE RANGE CRIER NEWSLETTER

Volume 8 Issue 4

August September October 2010

## THE SECRETARY'S PAGE

The President AND the Vice President have run away to the outback, but have promised me they will be back for the next meeting, and not to worry, nothing will go wrong. I think I want my cuddly-rug!

We welcome **Phil Simmons** as a member of the Management Committee. Phil is from Maleny, and brings a wealth of planning and project management experience to us.

Recently we have received some substantial donations from Maleny Lions and from Quota. It was a very heartening occasion when 13 members of Quota came to morning tea to present their cheque, and see where the Care Group hatches all of its services and activities. We hope they enjoyed their visit as much as we enjoyed their interest and encouragement.

A very productive meeting was held last Friday with representatives from HACC and our local State members Andrew Powell & Peter Wellington. We were able to express our concern about flagged changes to the HACC funding procedures, and the potential impact on our service delivery and infrastructure planning. We were also able to establish further channels of communication.

Staff are planning a lunch at the cottage for all our hardworking **volunteers** on **Tuesday 17<sup>th</sup> August**. Just a reminder (but more like an impassioned plea) that volunteers are needed urgently in the kitchen, and drivers to take clients to medical appointments. The demand keeps on growing with the number of clients.

And don't forget the **Annual General Meeting** on **Tuesday 21<sup>st</sup> September**. This is your opportunity to ask us questions, tell us of any

concerns, share your thoughts and ideas. YOU are the community that gave birth to the Blackall Range Care Group, and although we are now 24 years old, we still need guidance from that community – our community.

Cheers, Gillie.

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## **FUNDRAISING NEWS**

Recent donations from the Maleny Lions Club and the Maleny QUOTA Club have given our Development Funds a spurt and we are immensely grateful for this. We are also promised a very generous donation from the efforts of all who organised the “Gardening on the Edge” Festival in June. The Organisation also regularly receives donations large and small from clients and their families. All of these contributions assist us to continue to offer the quantity and quality of services we are able to provide, and for which the community supports us.

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## **INTERNET BANKING FEE PAYMENTS**

Recently we have had some problems identifying who has made some of the payments into our bank account. Some have just said “Gardening” or “Mowing”. In order to find out who has made the payment we have to go to our bank, who have to contact the bank of the person who made the payment, and all of this takes some time. So if you are making a payment directly into our bank account, please identify it with the Invoice Number (preferably) or the Christian Name and Surname of the person who received the service.

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## FROM THEA'S DESK

Hello everyone,

Each year seems to speed by faster and faster. Reaching August we are two thirds done, and tasks are piling up to be completed before the end of the year.

It is going to be a busy period for staff and Committee of the Blackall Range Care Group Inc. over the next few months, with plans to

- Implement new software, to match the needs of keeping track of about 210 services per day;
- Hold the Annual General Meeting;
- Undergo our 3 yearly National Service Standards Review for the HACC program;
- Set up a direct debiting service for our clients who do not keep a cheque book and find it difficult to come into the office and pay fees.
- Continue to keep pace with growth in demand; and
- Continue planning for a new location and infrastructure at the Maleny end of the Range.

Of course, we will do our very best to ensure that none of these preoccupations is allowed to interfere with our primary purpose of providing reliable, high quality services to clients.

The above initiatives are all designed to assist us to do this more efficiently and also to meet the reporting requirements of our funding bodies, which are considerable.

This month we have had wonderful support in \$ form from the Maleny Lions Club and QUOTA International of Maleny, with the QUOTA ladies coming to our Flaxton premises for morning tea. These efforts on the part of the Blackall Range Service Clubs are a wonderful testament to the spirit of community on the Range, and BRCG is most appreciative of the support.

*Best regards,*

*Thea*

## **FED UP WITH TELEMARKETING CALLS?**

As well as the website which we published in the last newsletter <https://www.donotcall.gov.au>, to register your choice not to receive telemarketing calls, there is also a telephone number that you can ring to do the same thing.

Just call **1300 792 958**, and let them know that you wish to have your telephone number listed on the “Do Not Call” register. It may assist you to have more peaceful evenings, and not rush to the phone only to have to say “no” to someone trying to sell you something.

## **HOW IS YOUR SERVICE WORKING FOR YOU?**

- If you are not happy with some aspect of your service from Blackall Range Care Group, you should let us know. We want to hear if something is not working for you, or if you think that you need additional services to those you are currently receiving. We cannot guarantee that we will be able to provide everything that you would like, but if we don't know, we can't try. There may be another service which can provide something that we do not.
- If you are not sure that you are able to express just exactly what you need or what you are concerned about, you can ask a friend or family member to speak on your behalf or to be present when you speak with us. There is also a service, Queensland Aged and Disability Advocacy, which can help you to articulate your needs or concerns to your Community Care Service provider. The telephone number for this service is 1800 818 338.

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## **CLEANING PRODUCTS FOR DOMESTIC ASSISTANCE SERVICES**

Because BRCG Domestic Assistance workers are doing cleaning as their job, they are using cleaning products much more than someone would cleaning their own home. Therefore, we are required to protect these workers from overexposure to harmful chemicals.

The following products are recommended for the health and safety of both staff and clients:

**Liquid/Neutral detergents: Earth Choice of Greencare**

**Cream cleaner: Jif, Ajax, Black and Gold**

**Vinegar**

**Also for general use: Baking soda, Lemon juice and salt may be used.**

### **BATHROOM/TOILET**

|                           |                            |
|---------------------------|----------------------------|
| Shower                    | Neutral detergent/+vinegar |
| Toilet                    | Cream cleaner              |
| Toilet and bathroom floor | Neutral detergent          |
| Mirrors                   | Neutral detergent          |
| Hand Basin                | Cream cleaner              |
| Hand Basin and Benchtop   | Neutral detergent/+vinegar |

### **KITCHEN**

|                   |                            |
|-------------------|----------------------------|
| Bench tops        | Neutral detergent/+vinegar |
| Sinks             | Cream cleaner              |
| Floors/tiles/lino | Neutral detergent          |

### **LIVING ROOM/BEDROOMS**

|                   |                   |
|-------------------|-------------------|
| Floors/tiles/lino | Neutral detergent |
|-------------------|-------------------|

**The Blackall Range Care Group will supply all Domestic Assistance workers with a gentle disinfectant which can be used in the home if clients wish.**

## **PODIATRY AND PHYSIOTHERAPY SERVICES**

Podiatrist Jane Stanley will be away for the month of September and will be a week later than usual for the October visit to the Cottage at Flaxton, which will be Wednesday 13th October. Anyone wishing to book an appointment for this day should ring Harriet on 5445 7044. From November visits will be back to normal on the first Wednesday of the month. Jane also has rooms at Coral St Maleny.

BRCG also has a contract with Stepping Out Podiatry which visits Medicine on Maple at Maleny on a weekly basis. Again the Podiatrist bills BRCG direct for the \$20 subsidy which we provide and bills the client for the remainder of the fee at the time of service.

Similar contracts are in place with “Range of Motion” Physiotherapy, at Mapleton, and Maleny Physiotherapy.

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## **THE ANNUAL GENERAL MEETING**

The Blackall Range Care Group Annual General meeting will take place this year on Tuesday 21st September at 11am followed by a light lunch. Volunteers and members are invited, and clients wishing to come and needing transport will be picked up by the bus later than usual to arrive in time for the AGM.

# **CARERS' NEWS**

## **MALENY CAREGIVERS GROUP**

**Meets 9:30 am on the third Monday of the month at  
"Sunstone Gardens", 23 Macademia Drive MALENY**

**Monday 16th August**— Guest speaker from Queensland Aged and  
Disability Advocacy.

**Monday 20th September**— Discussion session on the "Choices  
Through Life's Journey"

**A delicious morning tea is provided and new Carers are most  
welcome. If you are interested in coming along to the group or  
discovering more about it, ring Glennis on 5494 4358 or 0432 094  
910.**

### **MENTAL ILLNESS FELLOWSHIP OF QUEENSLAND**

Is presenting an information meeting to address issues relating to  
mental illness and the caring role on **Monday 6th September from  
10am to 12:30 pm** at the "**Down Under Room**" at the rear of the  
**Maleny Hospital**. The aim of the meeting is to help you to become a  
more effective carer, and to care for yourself at the same time. **Ring  
Glennis on 5494 4358** for more details

## **COTTAGE SOCIAL CENTRE OUTING REVIEWS:**

**CALOUNDRA RSL: “An Audience with Frank Spencer”** proved to be a great day out. The entertainment surpassed our expectations and clients laughed at the skits and sang along with the songs. The meal was excellent as usual.

**YANDINA GLASS BLOWING STUDIO:** We enjoyed a lovely Devonshire morning tea at the Memorial House which is a very interesting place. The display at the glass blowing studio had everyone glued to the outcome. Lunch at the Nut Works Café was delicious. The weather was great and everyone had favourable comments about the day.

**CHRISTMAS IN JULY WITH UPPER MARY VALLEY CARE GROUP:** A wonderful day of fellowship and fun with our fellow care group clients and staff. A delicious traditional lunch and lots of fun was had by all.

**DICKEY BEACH SURF CLUB:** A glorious view from Moffat Beach with our morning tea followed by a delicious lunch at the surf club. Lots of lovely fellowship and sea views too.

## **COMING OUTINGS:**

Wednesday 15 September: A trip to BRIBIE ISLAND with lunch at the RSL Club.

Wednesday 29 September: TBA

Wednesday 20 October: OKTOBERFEST Caloundra RSL

**HAVEN'T BEEN ON OUR OUTINGS! WHY NOT? ALL WELCOME AND COST TO CLIENT IS ONLY \$11.00!**

## **UPCOMING EVENTS - AUGUST 2010**

- Mon 16**    **Mens' Group**  
**Tues 17**   **Cards, Games, Craft/Volunteer Lunch**  
**Wed 18**   **Mind Blowing Day—Fun Activities/BELL RINGING**  
**Thurs 19**   **Jokes/Yarns/Poetry, Hoy**
- Mon 23**    **Mens' Group**  
**Tues 24**   **COTTAGE CLOSED STAFF TRAINING**  
**Wed 25**   **Poetry with Kay Rankin/BELL RINGING**  
**Thurs 26**   **Jokes/Yarns/Poetry, Bingo**
- Mon 30**    **Mens' Group BOWLING**  
**Tues 31**    **Cards, Games, Craft**

## **SEPTEMBER 2010**

- Wed 01**    **Pottery with Kim, Piano with Joyce**  
**Thurs 02**   **Jokes/Yarns/Poetry, Hoy**
- Mon 06**    **Mens' Group BBQ Lunch at Cottage**  
**Tues 07**    **Cards, Games, Craft**  
**Wed 08**    **Thank God You're Here—funny skits day/BELL RINGING**  
**Thurs 09**   **Jokes/Yarns/Poetry, Bingo**
- Mon 13**    **Mens' Group—Bill Patey piano/Craft**  
**Tues 14**    **Cards, Games, Craft**  
**Wed 15**    **OUTING—Bribie Island—Lunch RSL**  
**Thurs 16**   **Jokes/Yarns/Poetry, Hoy**

## SEPTEMBER 2010

- Mon 20 Mens' Group—OUTING—Fishing Picnic Point  
Tues 21 Cards, Games, Craft  
Wed 22 Travel Talk—Tonga/BELL RINGING  
Thurs 23 Jokes/Yarns/ Poetry, Bingo
- Mon 27 Mens' Group—Elvis Day  
Tues 28 Cards, Games, Craft  
Wed 29 Craft and Woodies Day  
Thurs 30 Jokes/Yarns/Poetry, Hoy

## OCTOBER 2010

- Mon 04 Mens' Group—Bill Patey piano  
Tues 05 Cards, Games, Craft  
Wed 06 Fun with John Stevenson/BELL RINGING  
Thurs 07 Jokes/Yarns/Poetry, Bingo
- Mon 11 Mens' Group—Art and Games  
Tues 12 Cards, Games, Craft  
Wed 13 Fun with Lisa, PODIATRIST  
Thurs 14 Jokes/Yarns/Poetry, Hoy

### **STAFF HOLIDAYS:**

Fiona: 16—26 August and 13 September

Judy: 16—19 August

Belinda: 22 & 23 September

Caitlin: 28, 29, 30 September

## **BLACKALL RANGE COMMUNITY CARE TEAM**

### **Management Committee of the Blackall Range Care Group**

Mark Gardner—President

Gillie Warren —Secretary

Dorothy Cosandey—Vice-President

Frank Laver —Treasurer

Committee Members - Colleen Brady

Allan Lewis                      Lee Lucas

Leonie Kilmister              Ann Koenig

Glennis Barber                Phil Simmons

### **Contacts for Blackall Range Care Group**

Manager—Thea : Ph 5445 7044

Flaxton Office—Wendy C. & Clem : Ph 5445 7044

Transport Requests—Harriet : Ph 5445 7044

Nursing Staff: Su: 5445 7044 or 0408 458 062,  
and Donna on 0438 156 969

Packaged Care Co-ordinator— 0400 741 217

Cottage Social Centre —Fiona : Ph 5445 7056

Kitchen Co-ordinator—Cheryl : Ph 5445 7044

Meals on Wheels—Shelly : Ph 5445 7044

Care staff Flaxton—Wendy, Helen, Shelly, Belinda, Lesley, Margaret and  
Nathalie on 5445 7044

Mobiles—Wendy : 0438 797 530

Helen : 0408 170 995

Care staff Maleny: Janene, Rina, Katie, Sue, Suzanne, Belinda, Danielle,  
Cherry-Ann & Libby:

Maleny Office, Karen: Ph 5429 6152

Mobiles— Janene : 0488 735 307 Rina : 0488 090 142

**Office: Flaxton Mon-Fri 8:30am to 4:00pm**